LONG BEACH COASTAL ROAD, BELLE MARE, 41601, MAURITIUS +230 401 1919 - info@longbeach.mu - longbeachmauritius.com COMBEACHMAURITIUS Com #LONGBEACHMAURITIUS 

# LONGBEACH

A SUN RESORT · MAURITIUS

# CHAPTER 2

# Feel the Energy

Located on the wild Eastern Coast of Mauritius, Long Beach is the epicentre of an energetic locale.

A lifestyle resort for active relaxation; footsteps away from all the action and excitement – full of fantastic restaurants, bars and high spirited entertainment. It is the perfect vantage point of the Indian Ocean.

We let our personality shine through – Friendly, energetic, professional and always going above and beyond.

A must visit destination. Stop dreaming. Start living. A tropical playground sets the scene for a bold island experience and a point of access to global cultures.

Whatever your hotel fantasy, let us make it real.

Long Beach, Chapter 2.



What sets us apart is our brand. Long Beach's distinctive experience defines us all. These are our brand pillars, this is Long Beach.

# Wellbeing



# Music



Our brand is energetic, easy going and alive.

Contemporary by design, Long Beach is a playground resort by day and night.

A space to play, eat, drink and help you focus on active relaxation.

We exist to create experiences where passion and purpose come together.

Art

# Culinary



## **Wellbeing** /'wel 'bēiNG'/

"The state of being comfortable, healthy or happy."

In a world where healthy is hip, working out is a must and your day is not complete unless you have had a green juice and a dip in the ocean, Long Beach has it all covered.





### Spa and Wellness Retreat at Long Beach

Long Beach has partnered with Cinq Mondes Spa Paris and is pioneering this unique "Spa & Wellness Retreat" Concept.

This program is based on a 360 degree wellness concept which rests on 4 main pillars.

- Prevention & deep relationship body & mind
- A new approach to nutrition
- Sleep, physical and mental recovery
- Yoga & physical activities

Cinq Mondes Spa and Wellness Retreat at Long Beach will also propose 3 thematic programs on 3 and 5 day package:

### Indian Ayurvedic & Yoga Prevention

Union of the body and the mind resourcing mental and physical recovery.

### Chinese Taoist & Qi Gong Health Prevention

Equilibrium Yin Yang energy circulation body regenerating spirit.

### **Detox & Firming**

Global detox and Feel Light programme.



Cécile Jeanson participated with the French swimming team at three Olympic Games: 1992 in Barcelona, 1996 in Atlanta and 2000 in Sydney.

OCTOBER 2 0 1 7

### **Olivia Cooney** Founder of Pop Up Fitness

Renowned UK celebrity fitness trainer Olivia Cooney is the founder of Pop Up Fitness, a bespoke fitness company with retreats that are set in some of the world's most elite venues in the most glamorous destinations.

Long Beach will host her next Pop Up Fitness retreat: 7 days of a healthy balance of vigorous exercises from sunrise to sunset and deliciously prepared clean eating from our chefs.

Pop Up Fitness Boot Camp

SEPTEMBER 2 0 1 7

## Cécile Jeanson

French professional swimmer

- Cécile Jeanson's impressive track record includes:
- 34 time Champion of France
- Bronze medallist European Championship 1995
- Finalist in Olympic Games .

In addition to swimming lessons, Cécile brings her own technique as a professional sports coach, activating personalized well-being, muscle building sessions and rehabilitation exercises.

Cécile will be in Residency at Long Beach for 3 months.

JANUARY \_\_\_\_ 2 0 1 8

9

Unwind and relax in 8 layers of pure comfort and wrap yourself in our 400 Thread Count Egyptian cotton sheets.

Bedding includes

### NOVEMBER

2 0 1 7

## **ENDEMIC NATURE TRAIL**

Explore our local Flora and Fauna. Long Beach is Ultra Green and for those who like statistics, our 20 hectares include 21,000 sqm of grass and 60,000 sqm of tropical plants. There are around 5,000 trees and palms, including 26 endemic species. Long Beach has launched a tradition by offering guests an exceptional natural setting to discover our endemic trees.

Join our in-house biologist for a 45-minute nature walk that will take you through our lush garden.

### SEPTEMBER

2 0 1 7

## **OUR SIGNATURE BED**

• Memory Foam Mattress Topper

• Signature Pillow Menu to personalize your sleep



## CULINARY /'kyoolə, nerē'/

At Long Beach, treat your taste buds to a fine dining experience within our five restaurants.

Experience the delights of our signature Japanese restaurant Hasu or indulge in a Mediterranean feast at Le Marché.

As the evening draws to a close, enjoy our signature cocktails at Shores Bar complete with a sensational beach backdrop reaffirming the property as an iconic escape.









## **Chef Lionel Levy**

One Michelin Star

Rightfully seen as the leader of the new Mediterranean cuisine, Lionel Levy learned his trade from internationally acclaimed chefs such as Éric Fréchon and Alain Ducasse. Having moved to Marseille in 1999 the city has become his adopted home and it is there that he gained mastery of the local cuisine, the result being a Michelin-star holder since 2005. Inventive, inquisitive and always eager to discover new recipes best sums up this chef.

Chef Levy will take over the Tides kitchen at Long Beach to showcase his creativity with an exclusive menu to delight our guests.

OCTOBER 2 0 1 7

TIDES

3 branches in Paris.

Experience La Regalade at Sapori

### NOVEMBER

2 0 1 7

\* SAPORI\*

## **Chef Bruno Doucet**

Chef Doucet is a native of the Tourgine and was born into a family of hunters. At fifteen, he started as an apprentice at Charles Barrier in Tours. Two years later, he went to train with André Lenormand (MOF) in Orléans. Two more years on and he joined Fouquet's in Paris under Guy Kreuzer, then Prunier's with Gabriel Biscaye, where he worked his way up from kitchen assistant to sous chef, before moving to Pierre Gagnaire for a year. In 1998, he became Jean-Pierre Vigato's second at Apicius until 2001. Chef Doucet took over La Regalade from Yves Camdeborde, known for his concept of "Bistronomie" restaurant in 2004. He now owns and operates







### **Chef Moreno Cedroni**

Two Michelin Star

In 1984, he opened the «La Madonnina del Pescatore» restaurant. The acclaimed chef won his first Michelin Star in 1996 and a second Michelin Star in November 2006.

Moreno Cedroni brought a spirit of avant-garde in Italian cooking. He is considered as one of the most innovative Italian chefs, a true "enfant terrible" of international cuisine; perfectly blending Italian and Japanese cuisines.

One of his most famous dishes "the rhombus rib".

Chef Moreno will host an exclusive tasting dinner in our Signature Restaurant Hasu.

DECEMBER 2 0 1 7



## **Chef Antoine Heerah**

Native to Mauritius, Antoine Heerah has maintained a cheeky "joie de vivre", which manifests itself in his huge smile. From his apprenticeships in Paris – including L'Arpège with three-starred chef Alain Passard – he has garnered a detailed knowledge of the best French products.

a Michelin star in 2003.

his influences.

JANUARY 2 0 1 8

### TIDES

One Michelin Star

Combining his Mauritian and French cultures, the chef offers an inventive, unique and personal cuisine. He was awarded

He will lead the Tides Kitchen next January for a couple of days for a creative culinary journey with a perfect blend of







## THE TRAVELING **BARTENDERS**

With a background in the UKs best rum bars, The Traveling Bartenders have the enviable ability to withhold information about spirits categories, ingredients, methods, regions and more which makes them an inspiring trainer and mentor. As an internationally known bar manager and bar consultant The Traveling Bartenders have worked in some of Asia and Europe's most prestigious hotels and cocktail bars. Together over 5 years the Traveling Bartenders have worked in 10 different countries, inspiring and training many bartenders, creating cocktail menus, designing bars and serving whole hearted hospitality to guests from all over the world.

### The Traveling Bartenders will create the new signature cocktail menu for Long Beach and will activate mixology master classes for our guests.

### SEPTEMBER 2 0 1 7 **SHORES**

## **BUBBLES & PEARLS**

Bubbles & Pearls is an event for the Champagne lovers! Soak up a magnificent Indian Ocean backdrop whilst we serve endless bubbles accompanied with the freshest oysters available. Our resident DJ will set the sound to an unforgettable evening.

The world is your oyster at Shores bar every Friday!

SEPTEMBER 2 0 1 7

**SHORES** 





## TAMARIND SOUL

Tamarind Soul reinvents the favourites of Asian cuisine with a new identity. A fusion of Asian flavours, ingredients and a newly inspired menu will provide our guests with a unique progressive Asian culinary experience.

The guests will feel an emotional interaction to the destination, while being able to look out towards the ocean. Surrounded by warm accent colours that pick up subtly on the locale, the design of the space gives off a high-end luxurious feel while still being an approachable and casual dining experience.

**1**<sup>st</sup> **QUARTER** 2 0 1 8











### **Rum Academy Bar**

A warm Mauritian welcome with drink in hand!

The first impression is important. A seamless check-in and bar experience sets Long Beach apart. The welcoming bar serves up fresh cocktails inspired by bold flavors and only the best local rums. A live DJ gives the Rum Academy Bar a lively atmosphere as guests return in the evening to learn how to make a delicious cocktail on their own.











## **Gourmet Experience**

GOURMET EXPERIENCE is the only true food festival in Mauritius, which will showcase Long Beach as a gastronomic destination. This one-day festival will highlight the unique food scene in Mauritius, its diversity, creativity and worldclass dining experiences. Our guests will be able to experience culinary treats from gourmet restaurant concepts to local flairs and hidden gems on our Signature Green Lawn with the Indian Ocean as backdrop. Good food, good place, great ambience !











"An art of sound in time that expresses ideas and emotions in significant forms through the elements of rhythm, melody, harmony and colour."

## Lost In Music

Amsterdam based Lost in Music are music curators specialising in a bespoke 360° approach to music. Founded by professionals with over 25 years of experience, specialising in Music Consultancy, Music Production, Artist Management events and Mood Management, they have created and produced soundtracks for Long Beach and are available as in-room music or on sound cloud. Get in holiday mood before you start your journey!

> **SEPTEMBER** 2 0 1 7

# LOST IN MUSIC





## Kara Rose Marshall

Resident DJ

Kara Rose Marshall lives in London, and she has been modeling for well-known brands.

When Kara Rose isn't striking a pose she can be found spinning tunes at London's most elite events. This girl doesn't miss a beat!

DJ Master-Classes will also be available for adults and children.

SEPTEMBER OCTOBER 2 0 1 7

## Erica Rhone

Resident DJ

Inspired by the ability to move people through sound and vibration, Erica is firmly rooted in the belief that music is a worldly language we all 'speak' without moving our lips.

In 2007, she landed her first DJ stint at the legendary Cielo, NYC. Not one to get caught up in the 'girl DJ' trend, she does have a healthy dose of respect for being a woman in this male-dominated industry. "We have a way of nurturing the crowd. The female DJ spreads her feminine energy throughout the space in the way she moves and feels out the room. It's so inspiring!"

DJ Classes will also be available for adults and children.

### **NOVEMBER DECEMBER** 2 0 1 7



## Art /′ärt′/

"Art is the expression or application of human creative skill and imagination, typically in a visual form such as painting or sculpture, producing works to be appreciated primarily for their beauty or emotional power."

## ART

## **Third Dot**



### ART

Long Beach presents the introduction of a "contemporary art boutique" showcasing the best up and coming artists from the Mauritian contemporary art scene. This collaboration includes local and regional 'artists in residence' creating outdoor ateliers and workshops for guests all year round across different areas of the resort.





### ARTIST IN RESIDENCE

Open to guests throughout the year, Long Beach is pleased to host an artist-in-residence programme. Guests can be inspired by their local surroundings participate in painting lessons during their stay. This is a fantastic activity for adults and children alike. Let your creativity flow and take your holiday canvas back home with you.

### SEPTEMBER

2 0 1 7



1.3 km of white sandy beach



## A FAMILY PLAYGROUND



- Kids up to 11 yrs old stay, play and eat for free if sharing parents room
- 60 m<sup>2</sup> standard room for 2 adults and 2 kids
- 140 connecting rooms and 29 family rooms
- Sun Kids Club welcomes children between 2-11 years old and provides exciting and imaginative daily fun programmes with ageappropriate activities, facilities and amenities,
- Open 12 hours/day until 10pm.
- 33m<sup>2</sup> pool at the Kids Club,
- Teens Club of 12-17 years old, the Waves Club is their place to be for sports and recreational activities as well as adventure outings and excursions. Regular evening get-togethers are organised, including beach barbecues and pizza nights.











## A team in style

Long Beach has partnered with British fashion brand PPQ and its creative director Amy Molyneaux to create a bespoke wardrobe collection to be worn by all 500 team members.

All of the uniforms within the collection have been designed with energy, vitality and life at the core as seen in the signature gecko print.

### SEPTEMBER

2 0 1 7





## **Our Ambassadors**

Our 3 Brand Ambassadors reflects Long Beach's soul and ethos with their well established online presence and extensive network. They will share their experiences throughout the year.

MARIE GUILLOT



@intoyourcloset





@clairemenary





@thegoldenbun

Designed by the famous golf player Bernhard Langer, the course covers 38 hectares on the southern half of the island of Ile aux Cerfs.

coming close to the shore.

## Anahita Golf Course

Designed by Ernie Els, Anahita Golf Course is a 6,828 m (7580 yard), 18-hole, par-72 championship course; it has five teeing areas, large fairways and six oceanfront holes and is the first in the Indian Ocean to be built to USGA (United States Golf Association) standards.

## Stay at Long Beach Play on 2 Golf Courses

Prepare yourself for an unparalleled golfing experience when staying at Long Beach.

All residents have free access along with free green fees to the mythical île aux Cerfs Golf Club and the unique Anahita Golf Course.

A special shuttle service is available every day to take guests to both golf courses and back.

NAHITA

MAURITIUS

GOLF

## Ile Aux Cerfs Golf Club

All 18 holes of this island golf have views of the ocean some with glimpses across clearings through the trees; others

The unique island golf course of Ile aux Cerfs is one of the most stupendous golf courses in the world, a "must play" as Colin Montgomerie puts it.

It is framed by the Bambou mountain and the Indian Ocean. A 320 m (350 yard) grass practice range with putting and chipping greens benefits from an equally impressive setting, with the Mauritian-style Clubhouse and a restaurant & bar offering panoramic 18th-green and lagoon views.

> ILE AUX CERFS \* GOLF CLUB

## WHAT ELSE?





## Lobby

A new check-in experience will launch at Long Beach from 1st quarter 2018. With a lounge atmosphere, our guests will be welcomed in the lobby while sipping a drink at the Rum Academy Bar.

## Ginger 41

The "Ginger 41" scent has been specially designed as the new signature fragrance for Long Beach.

Our signature scent will re-energise your day.



## Qi Gong

Qi Gong practice typically involves moving meditation, coordinating slow flowing movement, deep rhythmic breathing, and calm meditative state of mind. Qi Gong is now practiced worldwide for recreation, exercise and relaxation, preventive medicine and self-healing, alternative medicine, meditation and self-cultivation, and training for martial arts.





## Seaplane

Experience water take-off and landing. A once in a lifetime opportunity to go on a private seaplane flight across Mauritius with its breathtaking beaches and coral islands.

From your seaplane, indulge in breathtaking bird's eye views of the turquoise lagoon and fly past iconic places.

## **In-Room Amenities**

Experience our quirky in-room surprises reflecting our creativity with a playful approach.

## ACCOMMODATION

255 contemporary rooms facing the sea, including Beach Front Senior Suites and Family Suites.

Room sizes vary from 60sqm to 135sqm | King size bed | 42'' LCD Smart TVs Complimentary WI-FI | Individually controlled air conditioning, separate shower, toilet, bath | Tea and coffee making facilities | Bathroom amenities | Slippers | Bathrobe | Telephone | Mini bar | Hairdryer | Electric sockets.

#### • Junior suites (60 m<sup>2</sup>)

"Tropical elegance"- Rooms with king size or double beds in an elegant tropical flair, facing the sea in an elevated location with beautiful garden view, including a spacious furnished private terrace.

### • Junior Suites Pool-Access (60 m<sup>2</sup>)

"A perfect holiday experience" - Rooms with king size beds in bungalow style with an elegant tropical flair including a spacious private furnished terrace with direct garden access. Calm location nestled in the lush tropical gardens in the heart of the resort offering short and comfortable access to the main pool area and the hotel Piazza with all its restaurants and facilities.

### Junior Suite Sea-View (60 m<sup>2</sup>)

"Sea view pure" - Upper floor with king size or double beds in an elegant tropical flair with stunning sea view including a spacious private furnished terrace overlooking the turquoise lagoon.

### Junior Suite Beach-Access (65 m<sup>2</sup>)

"Beach Living inside outside"- Ground floor rooms with king size or double beds in bungalow style with an elegant tropical flair including a spacious private furnished terrace with direct access to the beach and garden, overlooking the sea, beach and the turquoise lagoon.

#### Junior Suite Ocean-Front (65 m<sup>2</sup>)

"Beach perfection"- Contemporary first class rooms with king size or double beds on ground floor/first floor with an elegant tropical flair including a spacious private terrace or balcony directly located at serene beach front overlooking the exclusive beach with butler service, private creek and turquoise lagoon.

#### Family Suites (85 m<sup>2</sup>)

"Family Life at its best" - Spacious Family Suites with king size beds on ground floor/first floor with private furnished terrace or balcony in an elegant tropical flair including a spacious separate kids part with sofa beds and a separate kids bathroom/toilet. Ideal location for the family in the tropical garden close to the Kids club area.

#### **Long Beach Executive Suites** (135 m<sup>2</sup>)

"Luxurious Beach Living"- Enjoy tailor-made butler service upon request in our elegant suites on ground floor with warm and elegant tropical flair including generous living area, king size beds walk-in wardrobe, guest toilet and spacious private furnished terrace offering a blend of open-air and indoor living directly located at serene beach front overlooking the exclusive beach, private creek with butler service and turquoise lagoon.











# & BARS

Le Marché, Main Restaurant Le Marché features a live cooking-dining arena and rich international buffets. Serves full English and continental breakfast.

Continental breakfast: as from 4am Full English: 7am to 10.30am Seats: 250 max.

Sapori, Italian Restaurant

Lunch: 12.30pm to 3pm Dinner: 6.30pm to 10pm Seats: 90 max.

Hasu, Japanese Restaurant

Open only at dinner time: 6.30pm to 10pm Seats: 50 max.

to be launched 1<sup>st</sup> quarter 2018.

Lunch: 12.30pm to 3pm Dinner: 6.30pm to 10pm Seats: 90 max.

**Tides, Beach Restaurant** Tides is an à la carte beach restaurant featuring an amazing selection of fresh fish and inspiring Mauritian and international cuisine.

pancakes, 4pm - 5.30pm.

Lunch: 12.30pm to 3pm Dinner: 6.30pm to 10pm Seats: 90 max.

**Tides Pool & Beach Bar** Tides Pool & Beach Bar, offers refreshments, local cocktails and a poolside menu while Shores is the cocktail and lounge bar overlooking the beach.

Open 10am to midnight

Shores Bar A cocktail and lounge bar overlooking the beach and offering an international selection of drinks with an accent on tropical cocktails featuring local spirits and ingredients. Light snacks for aperitif.

Open 10am to midnight Seats: 90 max.

# RESTAURANTS

Long Beach offers a great variety of dining experiences ranging from Asian to relaxed beach chic and from sophisticated show cuisine to Italian deli.

Interactive buffet station dinner: 6.30pm to 10pm

Sapori is an à la carte Italian Restaurant where the guest for small-scale Italian producers guarantees the highest guality and taste.

Hasu is an à la carte authentic Japanese cuisine served in a central sushi, grill centre and yakitori bar, as well as in semi-private and à-la-carte dining areas welcoming guests from 16 years old. Hasu is not included in any meal plan and a credit of Rs.900 per guest will be given for the dinner.

Tamarind Soul, Asian Fusion Restaurant. (Currently Chopsticks) Tamarind is an à la carte modern and casual Asian restaurant.

Sunday Asian brunch: 12.30pm to 2.30pm

Afternoon tea is served with a selection of fine teas, cakes and homemade









## **ACTIVITIES & FACILITIES**

The activities offered at Long Beach are designed with a focus on guests with a preference for an active lifestyle but equally caters to those who prefer to relax and unwind.

### CINQ MONDES SPA

he world's first Cing Möndes & Wellness Retreat offers guests health and wellness treatments, with a focus on ultimate relaxation and beauty treatments for physical and mental recovery, athleisure & yoga, sleep, deep recovery & meditation, aquasensorial treatments and health & nutrition.

Opening hours: 9am – 7pm

- 9 single, 2 double treatment rooms and 1 special treatment bath
- Outdoor spa pavilion immersed in a tropical garden Beauty Parlour with hair salon, manicure and pedicure
- 51 m<sup>2</sup> Hammam

#### **KIDS AND TEENS**

Sun Kids Club welcomes children between 2-11 years old and provides exciting and imaginative daily fun programmes with age-appropriate activities, facilities and amenities, open 12 hours/day. It also features a 33m2 pool. Children of 2-3 years old need to be accompanied by a parent or a babysitter if they are not toilet trained. Professionally trained nannies are available on request at a fee. Dedicated to teens of 12-17 years old, the Waves Club is the place to be for sports and recreational activities as well as adventure outings and excursions. Regular evening get-togethers are organised, including beach barbecues and pizza nights.

#### **EVENT & RECREATIONAL FACILITIES**

- Up to 309m2 of function rooms for any corporate or private event
- Four swimming pools including a 1166m2 main pool, a 13m2 infinity pool dedicated to adults overlooking the beach, a 108m2 Training pool and a 33m2 kid's pool
- A wide variety of complimentary water sports including glass-bottom boat trips, waterski, wind-surfing, snorkelling and wall climbing activity unique in Mauritius
- An array of water sports for an additional fee including scuba diving, PADI open-water courses and big game fishing
- Archery classes are available at a fee
- 4 floodlit tennis courts and a 216m2 gym equipped with the latest Technogym equipment. Personal trainer service available at a fee







## **LAND ACTIVITIES**

- Football
- Beach tennis
- Tennis volley Beach volley
- Golf pitch & putt
- Bocci ball
- Badminton
- Aqua gym
- Water polo

### PREMIUM ACTIVITIES

- Bike rental
- Tennis lesson
- Yoga Private Lesson
- Swimming lesson
- Archery
- Tag Archery

#### **FITNESS CENTRE**

- Fitness centre opening hours Winter: 7am – 8pm Summer: 6am – 10pm
- Aqua gym
- Abdominal mania
- Body toning
- Taëbo
- Jogging
- Triceps & trapezius
- Bum & tum
- Wake up bike
- Leg workout
- Stretching
- Body fit
- Flex & Stretch





LONG BEACH COASTAL ROAD, BELLE MARE, 41601, MAURITIUS +230 401 1919 - info@longbeach.mu - longbeachmauritius.com COMBEACHMAURITIUS COMBEACHMAURITIUS 10.11

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